

A Recipe for Success



This fraternal year marked a first for Council 8074 with the introduction of our Pork Chop Dinners, an idea brought to life by our resident food wizard, Al Borrelli. What began as a new experiment quickly turned into a standout success. Both dinners were nearly sold out, drawing strong attendance and enthusiastic support from our parish community.

The response spoke for itself. One dinner guest summed it up perfectly, saying, “This was the best pork chop I have ever had!” The success of these events highlights the creativity and fellowship that continue to strengthen our council. With such an

overwhelmingly positive response, we look forward to hosting more Pork Chop Dinners in the years ahead.

Written by Daniel Constance



The Month Ahead

Event	Date
Raffle Tickets	Saturday, February 7 After Mass
Raffle Tickets	Sunday, February 8 After Mass
Fish Fry	Friday, February 20 4:00pm – 6:30pm

Event	Date
Baby Bottle Distribution	Saturday, February 21 After Mass
Baby Bottle Distribution	Sunday, February 22 After Mass
Fish Fry	Friday, February 27 4:00pm – 6:30pm
Baby Bottle Return	Saturday, February 28 After Mass
Baby Bottle Return	Sunday, March 1 After Mass
Fish Fry	Friday, March 6 4:00pm – 6:30pm

Serving Our Veterans

Council 8074 has continued its ongoing support of the Volunteers of America Veteran's Village in Punta Gorda throughout the past year. Our efforts have included sponsoring monthly haircuts for veterans, donating a new wheelchair to a resident, providing eight sets of sheets, and routinely contributing food for those living at the facility. These small but meaningful acts reflect our continued commitment to serving those who have served our country.

Medical Minute

Allergy season in Florida typically lasts year-round, with the spring pollen season beginning in early January. With record-breaking cold temperatures sweeping across our State, the common cold is still prevalent, making it difficult at times to distinguish between a possible infection and allergies.

Symptoms may overlap, since viruses and allergies affect the nasal passages and upper airways.

Viruses may cause fatigue, sore throat, cough, nasal congestion, and a runny nose, whereas allergies may present with itchy, watery eyes, an itchy throat, and nasal congestion. Infections, however, may also induce fever, chills, body aches and pains, symptoms not seen in allergies.

Seek medical attention when experiencing lingering or worsening symptoms, rather than over-the-counter remedies that may mask a more serious underlying medical condition.

Written by Elvin M. Mendez, M.D.



Thomas McDonough

... – January ..., 2026



Henry "Hank" Mayda

October 23, 1938 – January 16, 2026

Known for his quiet faith and steady presence, he joined Council 8074 in 2012 and was a Third Degree Knight. Together with his wife Monica, he faithfully served as an usher at Sacred Heart, welcoming parishioners with warmth and humility. His life reflected a deep commitment to service and community.



Walter P. McCarty, Jr.

January 2, 1945 – January 18, 2026

A devoted husband, father, stepfather, and grandfather, he was a retired business owner who later made his home in Southwest Florida. A faithful member of Council 8074 and active in parish life, he will be remembered for his dedication to family, his work ethic, and his quiet generosity.
